

Nicole J. Hunka

School of Social Work
College of Health Professions
The University of Akron.
Polsky Building, 411
Akron, Ohio. 44325-8001

Email: njh7@uakron.edu Office: 330-972-6837

EDUCATION:

Ph.D. Counseling Psychology. 2011

The University of Akron. Akron, OH.

(Dissertation: *"Pedometer Use as a Motivational Tool for Bariatric Surgery Patients"*)

M.A. Community Counseling. 2000

West Virginia University. Morgantown, WV.

B.S. Psychology. 1997

Slippery Rock University. Slippery Rock, PA.

International exchange. 12 Psychology credits completed. 1995

University of Teesside. Middlesbrough, England.

EMPLOYMENT HISTORY:

- TEACHING EXPERIENCE

- | | |
|----------------|---|
| 2020 - present | Professor of Instruction.
School of Social Work. University of Akron. OH |
| 2017 - 2020 | Associate Professor of Instruction. Lead faculty for psychology area.
Dept. of Applied General & Technical Studies (AGTS). University of Akron. OH |
| 2015 - 2017 | Assistant Professor of Instruction. Co-lead faculty for psychology area.
Dept. of Applied General & Technical Studies. University of Akron. Akron, OH |
| 2014 - 2015 | Visiting Assistant Professor. Co-lead faculty for psychology area.
Dept. of Applied General & Technical Studies. University of Akron. Akron, OH |
| 2010 - 2014 | Senior Lecturer (adjunct). Psychology area
Summit College. (Recently renamed AGTS). University of Akron. Akron, OH |

- 2004 – 2005 **Lecturer (adjunct). Psychology Area**
 2006 - 2010 Summit College. (Renamed AGTS). University of Akron. Akron, OH
- 2009 - 2010 **Adjunct Psychology Faculty. Liberal Arts Department.**
 Cuyahoga County Community College. Parma, OH
- 2005 - 2009 **Group Leader (part-time).** Northeast Ohio Medical University (NEOMED).
 Rootstown, OH.
- 2002 - 2004 **Graduate Teaching Assistant.** University of Akron. Counseling Dept. Akron, OH
- 1999 - 2000 **Group Leader / Teaching Assistant.** West. Virginia University. Counseling Dept.
 Morgantown, WV

UNIVERSITY ACTIVITIES: TEACHING.

University of Akron Courses

- Human Relations (Classroom and Online)
- Death & Dying (Classroom and Distance Learning/DL)
- Death & Dying for Health (Classroom)
 Care Professionals
- Integrated Human (Classroom)
 Behavior & Health
- Group Counseling (TA. Classroom)

**(Human Relations and Death & Dying include Early College and College Credit Plus Students).*

Cuyahoga County Community College Courses:

- General Psychology (Classroom and Online)
- Abnormal Psychology (Classroom)

**General Psychology included one section of "Seniors to Sophomores."*

West Virginia University Courses:

Human Sexuality. (TA. Small group format. Supplement to lecture).

NEOMED Courses:

Medical Interviewing. (Small group format. Supplement to lecture).

UNIVERSITY ACTIVITIES: SERVICE.

Department Service (University of Akron).

Committees

Assessment Committee – Co-Chair. (2015 – 2016. 2018 – 2020).

Assessment Committee - Chair. (2017)

Charlie Salem Scholarship Committee. (2017 – 2019)

Program Review Committee. (2017)

Department Chair Evaluation Committee. (2016).

Search Committee - Administrative Assistant. (2017).

Academic Affairs Committee. (2015 - 2020).

Evaluation of Teaching Committee. (2016 - 2020).

Curriculum / Course Development

Developed new course “Integrated Human Behavior & Health” (IHBH). Approved 2014.

Collaborated with College of Health Professions to make IHBH an officially required course for a program in that college. (2017)

Created content for a new course “Death & Dying for Health Care Professionals” (2016 – 17)

Collaborated with College of Health Professions to make DDHCP an officially required course for a program in that college. (2017)

Learning Outcome Assessment / General Education Revision

Submitted proposals for the (Disciplinary) general education learning outcomes for two department courses. (Approval granted for both).

Submitted four proposals for the (Tag) general education learning outcomes.

Approval granted for the *Domestic Diversity Tag*, and two *Critical Thinking Tags*.

College and University Service Committees (University of Akron)

Executive Vice President and Provost Search Committee. (University 2019 – 2020).

Outstanding Teaching Professor Award Committee – Chair. (College 2019)

Curriculum Review. (College 2019 – 2020).

General Education Leadership Team - Social Science Assessment. (University 2018).

Enrollment and Marketing Committee. (College 2017 – 2020).

Talk about Teaching - Professional Development Committee. (College 2017 – 2019).

Assessment Committee. (College 2015 - 2016).

CLINICAL EXPERIENCE: Health Psychology Fellowships & Internship

- 2006 - 2009 **Health Psychology Fellow.** Dept. of Psychiatry, Akron General Medical Center. OH
Clinical Services:
- Bariatric Surgery. (Pre-op psychological evaluations and follow-up).
- Consultation-Liaison. - Outpatient counseling
- 2005 - 2006 **Pre-doctoral Health Psychology Intern.** Dept. of Psychiatry. Henry Ford Hospital.
Clinical Services:
- Transplant. (Pre-op psychological evaluations and follow-up).
- Bariatric Surgery. (Pre-op psychological evaluations and follow-up).
- Consultation-Liaison. - Outpatient counseling

CLINICAL EXPERIENCE: Community Mental Health

- 2010 - 2014 **Therapist.** Reserve Psychological Consultants. Cuyahoga Falls, OH.
-Outpatient counseling for adult clientele.
- 2010 - 2104 **School-Based Therapist.** Pastoral Counseling Service. Akron, OH
-School-based counseling services for children K-6.
- 2010 **Mental Health Assessor.** Berea Children's Home & Family Services. Cleveland, OH
-In-home, mental health assessments. Voluntary and court referred teens.
- 2004 - 2005 **Child-Centered Recruitment Worker.** A Child's Waiting Adoption. Copley, OH.
-Counseling and placement of teenaged foster children. Home-study reports.
- 2002 – 2003 **Counselor (Practicum).** University of Akron. Clinic for Individual & Family Therapy
-Adult, individual counseling.
- 2000 - 2001 **Substance Abuse Therapist.** Gaiser Addiction Center & County Prison. Butler, PA
-Substance abuse counseling within prison and residential care settings.
- 1999 - 2000 **Counselor (Practicum).** Valley Health System / Short-term Unit. Morgantown, WV
-Individual and group counseling. Crisis intervention services.

CLINICAL EXPERIENCE: College Mental Health Workshops

- 2003 - 2004 **Counselor (Practicum).** University of Akron. Counseling, Testing & Career Center.
Individual counseling, testing / assessment, outreach programs.
- 2004 **Counselor (Practicum).** Cleveland State University. *College Counseling Center.*
Individual counseling, testing / assessment, outreach programs.
- 2003 - 2004 **Athletic Pre-Performance Workshop. Univ. of Akron. Athletic Dept. Akron, OH.**
Developed and presented cognitive / mental skills training and pre-performance preparation for Men's & Women's Track & Soccer teams / athletes.

PROFESSIONAL PRESENTATIONS:

- Hunka, Nicole. *Chronic Inflammation and Integrated Behavior & Health*. Presented at The Michigan Health Psychology Symposium. Howell, MI. November, 1, 2019.
- Hunka, Nicole. *Facilitating College Student Success: Theoretical Integration for an Academic Goal-Setting Intervention*. Presented at the NEXT Conference. Akron, Ohio. February 24, 2017.
- Hunka, Nicole. *Integrated Behavior and Health*. Presented at the Stark County Chapter of Medical Assistants Fall Seminar, Stark State College, Ohio. October 22, 2016.
- Kennedy, E. and Hunka, N. *The Impact of Classroom Dynamics on Death Education Courses*. Poster presented at the 38th Annual Conference of the Association for Death Education and Counseling. Minneapolis, Minnesota, April 15th, 2016.
- Hunka, N. and Kennedy, E. *Facilitating College Student Success: Integration of SCT, Reality Therapy, and Retention Theory*. Poster presented at the 123rd Annual Convention of the American Psychological Association. Toronto, Canada, August 6th- 9th, 2015.
- Hunka, Nicole. *Bullying: A Psychological Perspective of Participant Roles, Effects, and Comprehensive Theoretically-based Interventions*. CEU training for mental health clinicians, Akron OH. August, 2013
- Hunka, Nicole. *Psychological Evaluation of Bariatric Surgery Patients: A Need for Standardization (A Follow-up)*. Presented at the 12th Annual Research and Scholarly Activities Day of the NEOUCOM Department of Psychiatry. AGMC, Akron Ohio, June 13, 2008.
- Hunka, Nicole. *Psychological Evaluation of Bariatric Surgery Patients: A Need for Standardization*. Presented at the 11th Annual Research and Scholarly Activities Day of the NEOUCOM Department of Psychiatry. Summa Health System, Akron Ohio, June 21, 2007.
- Rachel L. Huhra, Nicole Hunka, James R. Rogers, Amanda Warbel, & Cynthia Yamokoski. *Finding meaning: Theoretical perspectives on client suicide*. Poster presented at the 37th Annual Conference of the American Association of Suicidology, Miami, FL., April 14-18, 2004.
- Hunka, N., Rogers, J., Scheel, K., & Warbel, A. *Supervisee Needs in Work with Suicidal and Homicidal Clients*. Division 17 Roundtable presentation at the APA Conference, Toronto, August 2003.
- Rogers, J.R., Soyka, K.M., Hunka, N.J., & McBee-Strayer, S.M. *Assessing the Content-Related Validity of the SBQ*. Poster presented at the 35th Annual Conference of the American Association of Suicidology, Bethesda, MD, April 10-13, 2002.
- McBee-Strayer, Hunka, N.J., Soyka, K.M., & Rogers, J.R. *Factor Structure of the RFL in an LGB Sample*. Poster presented at the 35th Annual Conference of the American Association of Suicidology, Bethesda, MD, April 10-13, 2002.
- Hunka, N., and Huhra, R. *The Psychosocial Needs of Professional Caregivers*. Poster presented at the Attending to Psychosocial Issues Near the End of Life: A SPSSI-Sponsored Conference. Cleveland, OH, February 2-3, 2002.

Hunka, N. (2001). *Preparing general teachers for inclusive classrooms: Assessing the process*. Presented at Council of Exceptional Children Conference, Morgantown, WV., November 1999.

COMMUNITY PRESENTATIONS:

Hunka, Nicole. *Bullying: A Psychological Perspective of Participant Roles, Effects, and Comprehensive Theoretically-based Interventions*. Presented to Elementary School staff. Akron OH. Aug, 2013

Hunka, Nicole. *Relapse Prevention and Coping with Lifestyle Change*. Presented at Parma Community General Hospital Bariatric Support Group Meeting, Parma, Ohio. June, 2011.

Hunka, Nicole. *Relapse Prevention and Weight Loss Surgery*. Presented at Akron General Medical Center Bariatric Information & Support Meeting, Akron, Ohio. June 2007 / 2008, Feb, 2009.

Hunka, Nicole: *Cancer and Fear of Relapse*. Presented at Akron General Medical Center's "Conversations on Cancer Program." Akron, Ohio. June, 2008.

Hunka, Nicole. *Understanding and Managing Grief and Loss in Adoption*. Presented to foster and foster- to-adopt parents. Caring for Kids Network. Akron, OH. June 2007.

Hunka, Nicole. *Psycho-social issues and cancer: Managing and coping with symptoms*. Presented at cancer support group. Green, Ohio. 2007.

DISSERTATION AND ARTICLES:

Hunka, N. (Dissertation, 2011). Pedometer Use as a Motivational Tool for Physical Activity in Bariatric Surgery Patients. <http://etd.ohiolink.edu/view.cgi/Hunka%20Nicole.pdf?akron1321374425>

Hunka, N and Gilbertson, A. (2009). Psychological Influences and Interventions of Chronic Pain. In J.B., Allan, E.M., Wolf, & L., VandeCreek (Eds.), *Innovations in clinical practice: A 21st century sourcebook, vol., 1. (pp.5-26)*. Sarasota, Fl. Professional Resource Press.

Lombardi, T.P., and Hunka, N.J. (2001). Preparing general teachers for inclusive classrooms: Assessing the process. *Teacher Education and Special Education*, 34, 183-197.

AWARDS:

- University of Akron, College of Applied Science and Technology's "Dean William R. Petry Outstanding Faculty Teaching Award for full-time faculty." Spring, 2019.

PROFESSIONAL LICENSURES and CERTIFICATIONS:

- Licensed Professional Counselor (PC). Ohio.
#C.0601048. (Active status)
- National Academy of Sports Medicine Certified Personal Trainer (NASM - CPT).
#1190390217. (Active Status)

PROFESSIONAL AFFILIATIONS (Current and Previous)

- Palliative Care Advisory Board (NEOMED). (2015 – Present).
- American Psychological Association, APA. (2014 – 2017. 2019 - Present).
- Association for Death Education & Counseling. (2016 – 2017).